

CHRISTIAN GREY'S SEXUAL DISORDER IN E.L JAMES *FIFTY SHADES OF DARKER*

Author 1 : Nada Nabeela Oktaviarta
Fakultas Ilmu Budaya. UNTAG Surabaya
nadanabeelaoktaviarta@gmail.com

Author 2 : Drs. Danu Wahyono, M.Hum.
Fakultas Ilmu Budaya. UNTAG Surabaya
danuwahyono@untag-sby.ac.id

Abstract

This study will discuss about sexual disorder that is experienced by Christian Grey in E.L James Fifty Shades of Darker. This study tells about abuse, sexual harassment and sexual disorder that is experienced by Christian Grey. This will also tell how Christian Grey deal with his condition. This study aims to provide three points; the causes of his sexual disorder, the effect of his sexual disorder and the symptoms of abusive that happen in Christian Grey. This study uses the psychological approach of literature as it helps how to find out Christian Grey is experienced the sexual disorder that happen to him. E.L James Fifty Shades of Darker is used as the source of the data. Some quotations will be added to support the analysis. The qualitative research is applied. The results of the study show that Christian Gray's symptoms that he has a sexual disorder can be proven because he has fetishes, voyeurism and sexual sadism. The trigger factor was due to events in his past that had been a victim of violence and experienced sexual harassment.

Keywords: *sexual disorder, sexual harassment, fetish, voyeurism, sexual sadism*

INTRODUCTION

A mental disorder is a disease that affects a person's emotions, thought patterns, and behavior. Mental illness, such as physical illness, has a cure. Mental disorders are one type of disorder in a person that can affect the sufferer's way of thinking, emotions, and behavior. The symptoms experienced influences depending on the mental disorder. Changes in lifestyle and support from close relatives can help you overcome this condition. Sexual illness is classified into two categories: sexual disorder and sexual dysfunction. Both have obvious differences, but when comes to sexual dysfunction is primary sexual dysfunction happens when a person has never experienced sexual satisfaction, while secondary sexual dysfunction happens when a person's earlier enjoyment of sexual activity is no longer there. Primary sexual dysfunction could be caused by neurological, endocrine, or urogenital system developmental abnormalities. There could be a psychological basis for primary sexual dysfunction. Secondary sexual dysfunction is more preferred from an acquired problem such as cardiovascular disease, diabetes mellitus, obesity, depression, or anxiety, rather than a developmental defect of the neurological, urogenital, or endocrine systems. (Daniel.L,2013)

As for sexual disorder, Sexual disorders are characterized by disturbance in sexual desire and drive, and the psychophysiological changes that characterize the sexual response cycle can cause marked distress and interpersonal difficulties. The terms 'disorder' and 'dysfunction' are

interchangeable and reflect the complex interaction of psychic and often unclear biological determinants of the presenting complaint, as well as the dynamic interpersonal relationships between sexual partners. (Mark Jones, 2012) The writer will explain Christian Grey's sexual disorder and the symptoms he is experiencing.

Sexual Disorder can happen at any time and to anyone. Sexual Disorder is a condition that makes a man or woman sexually unsatisfied. However, the likelihood of developing sexual disorder is greater in the elderly. Usually, the sexual response phase involves excitement, plateau, and orgasm. Tendency and sexual desire are both aspects of the sexual response's excitement phase. Sexual disorders can be caused by trauma, fear or anxiety, hormones, mental health issues, sexual assault, problems in relationships and can be due to the influence of alcohol and drugs. Each of the psycho-sexual stages is associated with a particular conflict that must be resolved before the individual can successfully advance to the next stage. How to find out if someone has symptoms of a sexual disorder is by way of, loss or decrease in sexual desire, sexual arousal disorders.

Physical causes of overall sexual dysfunction may be: Low testosterone levels, prescription drugs (antidepressants, high blood pressure medicine), blood vessel disorders such as atherosclerosis (hardening of the arteries) high blood pressure, stroke or nerve damage from diabetes or surgery, smoking, alcoholism and drug abuse. Psychological causes might include: Concern about sexual performance, marital or relationship problems, depression, feelings of guilt, effects of past sexual trauma, work-related stress and anxiety.

What the writer will discuss in this thesis is the *Sexual Disorder experienced by Christian Grey*. One of the symptoms experienced by Christian Gray is sex arousal disorder. Sexual arousal disorder is the lack or massively reduce in sexual interest, initiation of sexual activity, pleasure, thoughts, fantasies, absence of responsive desire, and lack of subjective arousal or physical genital response to sexual stimulation non-genital, genital, or both are all symptoms of sexual interest/arousal disorder. The writer wishes to explain how Christian Gray went through a difficult time when he had a sexual disorder, and also how Christian felt when he experienced it. The cause and effect of what happened to Christian and how Christian got through it all, were explained in E.L. James' second novel series, *Fifty Shades of Darker*.

Christian Trevelyan Grey is the male protagonist in the *Fifty Shades of Grey* trilogy. Christian Gray is a successful but mysterious businessman. Christian has many sides that not many people know, Christian's other personality is only known by a few of his closest people such as Taylor and the house hold who works for him. Christian also believes that he is a "husk of a man" with no heart because of his past and his scars, lifestyle choices, and horrible childhood. Christian was born in Detroit, Michigan. Ella, his biological mother, was a drug addict who worked as a prostitute. His mother overdosed and died when he was four years old. Christian has been adopted into the Grey family by Dr. Grace Trevelyan Grey and her husband, Carrick Grey. Mia Grey was adopted shortly after the Greys moved to Seattle during Christian's childhood. This was a turning point for Christian due to Mia, he didn't speak and was conscious of his adoptive older brother Elliot Grey.

METHODOLOGY

The study entitled "Christian Grey's Sexual Disorder in E.L James *Fifty Shades of Darker*. Therefore, the approach uses is the psychology approach. According (Bressler, 1999: 14) is "a technique of treating emotional and psychological disorders" (1999: 148) The psychology approach is chosen in this study because it is strategic in understanding the cause of Christian Grey's psychological disorder as a sadist, and especially a sexual sadist. Considering that Christian Grey's destructive

behavior is sadism, psychoanalytic theory is thought to be the most strategic approach to explaining Christian Grey's destructive behavior because psychoanalysis explains how "life events shape our psychological development as we grow up, and these early experiences tend to play out in adult lives" (Bressler, 1999: 84).

Meanwhile the research design In this study is Christian Grey's Sexual Disorder in E.L James *Fifty Shades of Darker*, the thesis writer uses qualitative research. Qualitative research is research that is descriptive and tends to use analysis. Process and meaning are highlighted in qualitative research. However, based on the opinion (Strauss and Corbin, 2009:4), that qualitative research is a type of research that produces findings that cannot be obtained using statistical procedures or other means of quantification (measurement). Due to its elaborative nature, qualitative research can easily help researchers to explore deeper information related to a research topic which later the information obtained can be used to determine research objectives.

RESULT AND DISCUSSION

The Causes of Christian Grey Sexual Disorder

Christian Trevelyan Gray, also known as Christian Gray, is one of the richest people in the world and also CEO of numerous different businesses. Only few persons have the chance to get to know him privately. He is a mysterious and extremely private person. He doesn't tell his anyone about his past. They only know that he is a very successful businessman and the child of Dr. Carrick Gray and Grace Trevelyan Grey. He so quiet and mysterious when he's adopted and doesn't want to talk with his adoptive parents that make them tough to know him better.

Being Abused Since Childhood

Christian Gray grew up with his biological mother and her boyfriend. His mother is a drug addict who prostitutes herself at a club. He also abused by his mother's boyfriend during his childhood. Christian and his mother were frequently got beaten by this guy. His mother never helped him even when he was beaten and only saw him when he was beaten. He have a fear of being touched because of this and, he does not believe in love. In addition, he witnessed his mother's attempt to kill herself. His mother committed suicide through an overdose, and his mother's boyfriend refused to stand around him and look at them before he left and shut the door from the outside.

He's still very young and has no idea what happened, so he's stuck in the apartment with his mom's body. He's so dehydrated, and he could only sit with his mother without knowing she's dead. And also, he hates his mother so much because she doesn't help him at all and also causes him to have such a bad past that he can't say. He had some bad personalities because of that events of his past.

Although his mother did not attack him, but she also a cause of his painful childhood memories, as mentioned in the paragraph above. His mother did not even try to protect him from her boyfriend. Christian never received what every child deserves, the love and attention of their mother, until his mother dies. They were found after four days, they took them to the hospital so that they could identify what killed his mother. Dr. Grace Trevelyan keep a eye on him as he sat in the hospital ward. She felt bad and felt sorry for him as she saw little Christian Grey sit by himself with an innocent expression on his face because he was clueless of what had happened to him and his mother. Dr. Grace Trevelyan then went up to Christian Grey and adopted him as her son. Christian Gray then met Dr. Grace Trevelyan and Dr. Carrick Grey, who will soon become his adoptive parents. However, they find it extremely difficult because of him that becomes cautious and mysterious. He refuses to communicate with his adoptive parents for two years. The previous explanation proves that

Christian's sexual disorder had its beginnings in the first situation. It is recognizable because of his mother and her boyfriends. His mother's boyfriend often abused them when drunk, and she did not even try to help. He scared of being touched, and he doesn't trust others easily, and as a reaction of such events, and really become arrogant.

Being a victim of sexual harassment by Elena Lincoln

Christian Grey's sexual disorder is also due to his adoptive mother's close friends. His adopted parents had a lot of rich friends because they were well known. Elena Lincoln is among them. Elena is an old woman and she looks lonely. Her husband is wealthy, but he's on a business trip all the time. When they finally met got to know each other. The writer will explain how Elena Lincoln had a huge influence on Christian Grey's life. The writer will explain how big the effect is given by Elena Lincoln so that Christian Gray can have a sexual disorder. Christian Gray first met Elena Lincoln when he was 15 years old. Christian, who was young at that time and did not know anything about adults, was finally introduced by Elena Lincoln. Elena Lincoln seduced Christian Gray, who at that time could only obey him, teaching him how to make love. At that time, he was just a child who did not know how to control his hormones and his curiosity could only obey what Elena Lincoln said, and he found that a very pleasant thing. But she thinks that, she's helping Christian. He doesn't believe in love at first because of Elena, and she's also a manipulative person as stated in the quotation,

“I was the best thing that ever happened to you”

“Look at you now. One of the richest, most successful, entrepreneurs in the US- controlled, driven- you need nothing. You are the master of universe.”

“You love it Christian, don't try and kid yourself. You were on the road to self-destruction, and I saved you from that, saved you from a life behind bars. Believe me, baby, that's where you would have ended up. I taught you everything you know, everything you need.”

“Love is for fools Christian” (James,2012:449)

Elena Lincoln is really quite manipulative person according to quotation above, and Christian Gray was so very easy to convince and rely on at first. Elena is also blamed for one of his negative effects, such as being manipulative. Even though, the woman refused to acknowledge that what she did was wrong, attempting to claim that she was just helping Christian Grey. Elena assumes she is just helping him in being himself and going to succeed. He affected by Elena's words and actions which also made him untrusting of people, too sensitive, and heartless. At the time, she made Christian her submissive, and she also taught him that love is just for fools. Since then, he has made the decision to hold onto the idea that there is no such thing as true love, and he has once again begun to have some submissive.

Elena told Christian that only fools believed in such things, he's from a young age did not receive any affection and love from his parents are unable to understand what love and affection is. He finds it incredibly enjoyable to watch his submissive transform into a weak, painful person, perhaps because he thinks of them as his mother. It's also possible that Christian is not used to love and affection from other people, so he doesn't express it how to receive sincere love and affection from others.

From the information above, his past was enough to make him suffer mental and psychological wounds that will affect his life in the future. This proves that all the incidents in his past were really bad, violence, sexual harassment and not getting affection, could be a factor of his sexual disorder.

SYMPTOMS OF CHRISTIAN GREY'S SEXUAL DISORDER

The event is caused by two factors. The first is because abuse from his mother boyfriend. Then the second is when once he became Elena Lincoln's submissive. He thinks that becoming Elena Lincoln's submissive would be a good thing since Elena Lincoln taught him how to be confident and made him believe that deviant behaviors is ordinary. Elena Lincoln treated him well and never underestimated him

FETISHISM

When it comes to having a romantic relationship with Anastasia, he shows his fetishism symptoms because he relies on using inanimate objects like, blindfolds, ties, belts, and ropes are some of the items used. He enjoys domineering at all times, enjoys controlling, and hates it when his commands or rules are disobeyed, as seen by quotations such as.

"Do you want to play this game?" he continues, holding up the balls. "You can always know them out if its's too much."

"Come here, and I'll put them in, once you've put your shoes on."

"Good, now open your mouth!" (James, 2012: 114)

VOYEURISM

There are many different sorts of voyeurism, and Christian has experienced in each. He enjoys admiring Anastasia's looks while demanding that she strip her clothes in front of him. He believes that it is the greatest satisfaction he can experience, and he also feels that she deserves it because she is so attractive. He frequently engages in this kind of voyeurism. Anastasia frequently told to expose her body by him, and then praises her. The following statement serves as proof of this.

"I want to see this," he breathes, and he pulls my skirt right up, exposing the tops of my thighs.

"Undo the top two buttons of your shirt,"

"In all things, Anastasia. You are a siren, a goddess." (James, 2012: 234)

Christian Gray has a sexual disorder type of voyeurism, as explained on the action quotation above. The intense level of curiosity about sexual activity is one of the causes that lead him to voyeurism. As we all know, that he is a very dominant individual. He enjoys controlling his submissive even Anastasia, during romantic sessions. He once ordered Anastasia to stay ahead of him and undress for his own satisfaction. He frequently praises Anastasia by calling it Athena, the goddess of beauty. He praises Anastasia for all that is worthy of praise.

SEXUAL SADISM

Christian Grey enjoys hurting or watching his partner suffering because it makes him feel powerful when in romantic session. Brown.J (2019) said that "sexual sadism disorder is characterized by the experience of sexual pleasure through causing, witnessing, or fantasizing about an individual's non-consenting, physical or emotional pain." Christian Gray is considered to have a paraphilia type of sadism because he often gives Anastasia pain by tying, lashing, and doing anything that can make Anastasia feel suffering. However, if his partner suffers more pain, he will be quite happy about it, which is what keeps him interested and satisfied. And the quotation which also follows proves this.

“There’s a fine line between pleasure and pain, Anastasia,”

“Ball gag. To keep you quiet.”

“It’s about control, Anastasia. How helpless would you be if you were tied up and couldn’t speak? How trusting would you have to be, knowing I had much power on you? That I had to read your body and your reaction, rather than hear your words? It makes you more dependent, puts me in ultimate control.”

(James, 2012:330)

It is clear from the quotation above that Christian Gray definitely suffers from a types of sexual sadism paraphilia. It been proven that he enjoys making Anastasia suffer during they romantic session. He gets a great satisfaction from tying Anastasia up, handcuffing her hands, and making her feel powerless while having romantic session. Anastasia immediately felt tortured because it’s her new experienced. He finds great enjoyment in his partner's suffering and fear. As soon as he saw them suffer, he had the sensation that he was in total control and felt very powerful. He even had a sense of self - confidence in his abilities to dominate people.

THE EFFECTS OF CHRISTIAN GREY SEXUAL DISORDER

Christian Grey is influenced by numerous events of his past. How he acted with those around him can really be understood from his personality and behavior. When his adoptive parents first took him home, he became a quiet personality and won't even talk for two years. Additionally, he is type of someone who is selective, possessive, and mysterious. Because he prefers to interact with a select group of people and only when needed, some have labeled him a cold-hearted human. Christian Gray is having a hard time because of a set of situations related to past events. A few of his actions will be explained by the writer, who states that they are a result of the terrible things that have happened to him in the past and have caused him nightmares since that. Moreover, there will describe how Christian Gray can turn into a new person and how he can significantly change his personality.

Being a Mysterious and Selective Person

Christian Gray hasn't been completely honest with Anastasia about his past or his personality. Anastasia and few people, are clueless of some of his many sides. Since he did not tell her or anybody else he could trust, she’s clueless of some recent events. Anastasia got the information from Mia Grey, Christian's younger sister. Only things that are visible to the eye are known to Mia Grey. She is indicating that anyone can know. He never revealed anything about himself to Mia, so not everyone is aware of who he absolutely is. Mia only talks about the teenage years she experienced when she grew up with Christian. Anastasia just found out that he used to be a naughty teenager. Mia said that when he was a teenager, he was involved in a fight. And Anastasia couldn't believe that Christian Gray had ever been such a person, because he was so different from what he is now.

Christian Grey Controlling Behavior

Christian Gray is a dominant person. He dislikes rejection, therefore he creates a lot of rules that others should follow. He often refuses to understand other people explain. When what he owns is disturbed by others, he doesn't like it. He will try to avoid them from taking what is already his mine. This attitude can sometimes lead to arguments between him and Anastasia. Because he is always enjoys acting in his own way and is extremely jealous. Jose is a photographer who uses Anastasia as his muse. Christian obviously dislikes the fact that thousands every image displayed in the exhibition was a picture of Anastasia. He purchases all of the pictures of Anastasia in the exhibition and keeps them all for himself because he doesn't like them being touched or seen by others. Because Anastasia are his mine, he protects what he thinks belongs to him. Nobody else

could resist it. Anastasia is also a little shocked that he is someone like that, but Christians are still Christians. No one dared challenge him besides Anastasia because he is unstoppable. Anastasia can't stop him from behaving that way because she is already late and she is conscious that she can only be surprised because it has already happened. Since he also acquired the company where Anastasia works to ensure she did not suffer anything.

Scared of being touched

Christian Gray doesn't like his body parts being touched by other people, even Anastasia. If someone crossed the line to touch him, he would feel restless and frightened. He has a certain limit where he can tolerate being touched. The limit he has is very clear. He wants Anastasia to know and understand him, why he doesn't like being touched and what the boundaries are that she can touch. Of course, it is not easy to explain it to Anastasia and show it, but Christian puts his trust in Anastasia, that Anastasia will help him and will not cross the line that has been told to her. Christian Gray has a bad past with his mother. That's one of the reasons. And also, he tries to make similarities between all his submissive and his birth mother. That is, both have brunette hair. This proves that he seems to be under stress from someone who resembles his biological mother, which is what gave him his negative temperament. Also he acknowledges that he hates his mother, which may also explain why he only likes to dominate women with long brown hair because it makes him resemble his mother. Anastasia initially confused as to why he preferred being touched by Elena rather than by her. He explains because Elena knows where the boundaries are that she can touch. That's why Anastasia demands an explanation, and finally he chooses to explain where the body parts and boundaries that she can touch.

Not Believe in Love

Christian Gray doesn't think in affection and love because Elena Lincoln frequently persuades him otherwise. All of that has changed, though, since he met Anastasia. The opportunity that formerly bound to being submissive has turned into a commitment. Anastasia consistently reassures him, even if it can be difficult for him to open up sometime. He always gets support from Anastasia in sustaining his confidence and letting go of the negative opinions Elena had set in him, motivating him to think that Christian Gray deserved to be loved. Statements that support that Christian Gray does not believe in love can be seen from the quotation below.

"You're very easy to love. Don't you see that?"

"No, baby. I don't"

"You are. And I do and so does your family. So do Elena and Leila- they have a strange way to show it-but they do. You are worthy"

"Stop. I can't hear this. I'm nothing Anastasia. I'm a husk of a man. I don't have a heart"

"Yes, you do. And I want it, all of it. You're good man, Christian, a really good man. Don't ever doubt that" (James,2012 :171)

The quotation above explains that Anastasia is trying to convince Christian Gray what love is and explains that he deserves it. No matter what his past is and how his life is falling apart, according to Anastasia, he deserves affection and love. He tries to believe and obey what Anastasia says. Even though he doesn't think it will be easy, he will still try for Anastasia. Based on his experience and what he has been through in the past, he is very troubled when someone tries to show affection towards him. That's why he doesn't believe and always refuses if there is one submissive who invites him to have a more serious relationship. Not only as submissive and dominant, but he always refuses it, he thinks all women only want his money. They don't give him the love and affection that sincere, and he also thinks that he too does not deserve love and affection.

Difficulty Expressing Emotions

Christian, since childhood, never knew what affection and love were because his biological mother caused him to be quiet and introverted. Because since childhood he has not received affection and how love is formed, Christian Gray becomes someone who is cold, as if he has no heart. And when adulthood affects his life, when he really loves someone, he doesn't know how to express it. He thought keeping Anastasia by his side was enough to prove that make her understand that he loved her. Giving her lots of lavish gifts to show his affection, Anastasia doesn't understand why he is behaving that way. Since they are only dominant and submissive, Anastasia thinks Christians don't need to act like that. He doesn't know how to express his feelings and how to burden Anastasia with what he does and gives. When he feels sad, he doesn't know what to do. If he cries, he doesn't want to look weak. If he is happy, he will not give too much expression because he will be underestimated if he expresses too much. He's really having a hard time expressing his feelings, he doesn't know how to express them. But ever since he met Anastasia, he's been putting an effort to improve himself because Anastasia is there to support him. He has showed Anastasia little signs of attention that he might not even be conscious of since they first met, like asking "Did you have a coat?" (James, 2011:19) because he wanted to make sure that when Anastasia came home she wouldn't be cold.

CONCLUSION

The event that is factoring Christian Grey has a sexual disorder because he abused by his mother's boyfriends and become the victim of sexual harassment in his childhood. He often beaten by that man and his mother did not even help him at all which made him so confused and mad at her. The second reason is, that when he met Elena Lincoln, she taught him about adult things such as being submissive and how to make love. Because Elena Lincoln never confuses him and never underestimates him, that's why he thinks that what she taught him about all adult things is not a bad thing. These events are the reason for Christian Grey's sexual disorder.

Christian Gray's childhood events changed his personality a bit through several proofs, such as denial, avoidance, displacement and manipulative. Moreover, his defenses are supported by his fundamental problems as a human being who are low self-esteem, insecurity, fear of abandonment, and fear of intimacy. His low self-esteem and insecurity may be reasons to have sexual sadism and fetish. Injuring and hurting his partner while in romantic session and making them afraid is one way to make him a person who has power and can make other people recognize his greatness so that no one can underestimate him. However, being a mysterious person, does not believe in love and does not believe in self may not be the reason why someone may have a sexual disorder.

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